

3 Week (A-B) Cycle Lunch Menu 2024-2025 SY - *Cycle Calendar Page 3*

	¼ C. Raw Broccoli ¼ C. Carrots ½ C. Diced Peaches Sliced Apples 4 OZ 100% Juice	¼ C. Cucumber Coins ¼ C. Carrots ½ C. Mandarin Oranges Applesauce 4 OZ 100% Juice	¼ C. Carrots ½ C. Pineapple Tidbits Whole Orange OR Banana 4 OZ 100% Juice	¼ C. Raw Broccoli ¼ C. Carrots ½ C. Diced Peaches Sliced Apples 4 OZ 100% Juice	½ C. Carrots ¼ C. Diced Pears Applesauce 4 OZ 100% Juice
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1A</b>	7-(A) Chicken Sandwich	7-(A) Shepherd's Pie-	6-(A)Asian Chicken Teriyaki	6-(A) Rotini w/Beef Red Sauce	8-(A) Wild Mikes Pepperoni
<b>Week 1B</b>	6-(B) Chicken Sandwich	5-(B) Meatloaf or Sandwich	5-(B) Asian Chicken Orange	6-(B) Pasta Chicken Alfredo	6-(B) Stuffed Crust Pepperoni
ALL Schools Choice of Entrée Vegetable & Fruit	Super Salad w/Roll Yogurt Parfait ½ Cup Fries/Tots ¼ Baked Beans	Super Salad w/Roll Pretzel Bites w/PB or Cheese ½ Mashed or Fries	Super Salad w/Roll Yogurt Parfait ½ Cup Fried Rice ½ Cup Broccoli w/Cheese	Super Salad w/Roll Pretzel Bites w/PB or Cheese ½ Cup Green Beans	Yogurt Parfait PBJ w/Cheese Stick ½ Cup Corn
Middle/High	Pizza OR Pizzaboli Bites	Chicken Sandwich - Fries	Pizza/Corn Dog Minis	Chicken Sandwich - Fries	All Schools Managers Choice
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 2A</b>	5-(A)Boneless Wings	6-(A)Taco's w/Cheese	6-(A) Asian Chicken Orange	6-(A) Cheeseburger	6-(A) Stromboli / Calzones
<b>Week 2B</b>	7-(B) Popcorn Chicken	7-(B)Taco's w/Cheese	7-(B) Asian Chicken Teriyaki	5-(B) Mini Corn Dogs	7-(B) 6" Cheese/4X6Pepperoni
ALL Schools Choice of Entrée Vegetable & Fruit	Super Salad w/Roll Yogurt Parfait ½ Cup Fries/Tots	Super Salad w/Roll Pretzel Bites w/PB or Cheese ½ Cup Refried Beans ¼ Cup Corn	Super Salad w/Roll Yogurt Parfait ½ Cup Fried Rice ½ Cup Broccoli w/Cheese	Super Salad w/Roll Pretzel Bites w/PB or Cheese ½ Cup Green Beans ½ Cup Fries/Tots	Yogurt Parfait PBJ w/Cheese Stick ½ Cup Corn
Middle/High	Pizza OR Pizzaboli Bites	Chicken Sandwich - Fries	Pizza/Corn Dog Minis	Chicken Sandwich - Fries	All Schools Managers Choice
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 3A</b>	6 (A) Meatballs	6-(A) Pork Rib'BQ Sandwich	6-(A) Asian Chicken Teriyaki	6-(A) Teriyaki Dippers	6-(A) Pizza Bagels or Pizzaboli
<b>Week 3B</b>	5-(B) Beef Sloppy Joe	5-(B) Beef Hot Dog	6-(B) Asian Chicken Orange	5-(B) Meatloaf or Sandwich	6-(B) Cheesy Breadstick
ALL Schools Choice of Entrée Vegetable & Fruit	Mac & Cheese Super Salad w/Roll Yogurt Parfait ½ Cup Green Beans	Super Salad w/Roll Pretzel Bites w/PB or Cheese ½ Fries ¼ Baked Beans	Super Salad w/Roll Yogurt Parfait ½ Cup Fried Rice ½ Cup Broccoli w/Cheese	w/Mashed Potato Super Salad w/Roll Pretzel Bites w/PB or Cheese ½ Cup Green Beans	Yogurt Parfait PBJ w/Cheese Stick ½ Cup Corn
Middle/High	Pizza OR Pizzaboli Bites	Chicken Sandwich - Fries	Pizza/Corn Dog Minis	Chicken Sandwich - Fries	All Schools Managers Choice

\*\*\* Daily Options \*\*\*

\*Breakfast and Lunch-Choice of 8 OZ - 1% Unflavored; FF Chocolate &amp; FF Strawberry Milk &amp; 4 OZ 100% Juice

**Must Take 3 of the 5 Items Offered ONE MUST be a Fruit or a Vegetable****\*\* All Menu Items Subject to Change without Notice Due to Availability from Manufacturers & Distributors \*\***

### 3 Week Cycle Breakfast Menu 2024-2024 SY

Daily Fruit	½ c Diced Peaches 4 OZ Juice <i>Can Have Both</i>	Sliced Apples 4 OZ Juice <i>Can Have Both</i>	½ C. Diced Pears Applesauce <i>Can Have Both</i>	½ C. Mandarin Oranges 4 OZ Juice <i>Can Have Both</i>	Banana 4 OZ Juice <i>Can Have Both</i>
Week 1 (13)	Monday	Tuesday	Wednesday	Thursday	Friday
MUST Offer Two or more Entrées	<u>Choice of 1 Entrée</u> BRK Pizza Sausage/Cheese Super Donut Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Egg/Cheese/Bacon Croissant Kellogg's Fruity Cereal Waffle Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Egg & Cheese English Muffin Twin Pack Glazed Dunkin Stix Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Eggstravaganza w/Croissant Super Slice Banana Bread Eggo Pancakes IW Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> French Toast Sticks Cereal 2 G/B Cup Coco Cherry Bar or Muffin w/Cheese Stick or Yogurt
Week 2 (13)	Monday	Tuesday	Wednesday	Thursday	Friday
MUST Offer Two or more Entrées	<u>Choice of 1 Entrée</u> Egg & Sausage Croissant Glazed Pull-a-Part Donut Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Chicken Slider Biscuit Super Slice Pumpkin Bread Dutch Waffle 5" WG Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Egg & Cheese Biscuit Powdered Sugar Donut Holes Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Breakfast Burrito Waffles (4 EA) Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> French Toast Bites Cereal 2 G/B Cup Coco Cherry Bar or Muffin w/Cheese Stick or Yogurt
Week 3 (12)	Monday	Tuesday	Wednesday	Thursday	Friday
MUST Offer Two or more Entrées	<u>Choice of 1 Entrée</u> Breakfast Pizza Bagel Cinnamon Roll Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Colby Omelet & Biscuit Cinnamon or Strawberry Mini Cinni Bagel Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Egg & Cheese Croissant Super Slice Lemon Bread Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Egg & Cheese English Muffin Twin Pk Glazed Dunkin Sticks Cereal 2 G/B Cup	<u>Choice of 1 Entrée</u> Pancake/Sausage Sandwich IW Cereal 2 G/B Cup Coco Cherry Bar or Muffin w/Cheese Stick or Yogurt

\*\*\* Daily Options \*\*\*

\*Breakfast and Lunch-Choice of 8OZ - 1% Unflavored; FF Chocolate & FF Strawberry Milk & 4 OZ 100% Juice  
Students Must Take a Fruit or Juice at Breakfast.

**\*\* All Menu Items Subject to Change without Notice Due to Availability from Manufacturers & Distributors \*\***

# Cycle Menu Calendar 2024-2025 SY

JULY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
<b>1A</b>	12	13	14	15	16	17
<b>2A</b>	19	20	21	22	23	24
<b>3A</b>	26	27	28	29	30	31

SEPTEMBER						
S	M	T	W	T	F	S
<b>1B</b>	2	3	4	5	6	7
<b>2B</b>	9	10	11	12	13	14
<b>3B</b>	16	17	18	19	<b>20</b>	21
<b>1A</b>	23	24	25	26	27	28
<b>2A</b>	30					

<b>Aug 9</b>	<b>Managers 1st Day</b>
<b>Aug 13</b>	<b>FS Workers 1st Day</b>
<b>Aug 14</b>	<b>First Day for Students</b>
<b>Sep 2</b>	<b>Holiday-ALL</b>
<b>Sep 20</b>	<b>FS Staff Training DAY</b>
<b>Oct 18</b>	<b>Early Dismissal</b>
<b>Oct 25</b>	<b>No School/Teacher Inservice</b>
<b>Nov 11</b>	<b>Holiday-All</b>
<b>Nov 22</b>	<b>Early Dismissal</b>
<b>Nov25-29</b>	<b>Thanksgiving Holiday</b>
<b>Dec 12</b>	<b>Holiday Meal</b>
<b>Dec 20</b>	<b>Early Dismissal</b>
<b>Dec 21</b>	<b>Winter Holiday Begins</b>
<b>Jan 5</b>	<b>Teachers &amp; 250 Days Return</b>
<b>Jan 6-7</b>	<b>Teacher Training Days</b>
<b>Jan 8</b>	<b>Students Return Winter Break</b>
<b>Jan 20</b>	<b>Holiday-Students &amp; Teachers</b>
<b>Feb 14</b>	<b>Early Dismissal</b>
<b>Feb 17</b>	<b>Holiday-Students &amp; Teachers</b>
<b>Mar 3-7</b>	<b>Spring Break-Fair Week</b>
<b>Apr 18</b>	<b>Holiday-Students &amp; Teachers</b>
<b>May 2</b>	<b>Early Dismissal</b>
<b>May 26</b>	<b>Holiday-ALL</b>
<b>Jun 3</b>	<b>Students Last Day/Half Day</b>
<b>Jun 4</b>	<b>FS Workers Last Day</b>
<b>Jun 5</b>	<b>FS Managers Last Day</b>

OCTOBER						
S	M	T	W	T	F	S
<b>2A</b>		1	2	3	4	5
<b>3A</b>	7	8	9	10	11	12
<b>1B</b>	14	15	16	17	18	19
<b>2B</b>	21	22	23	24	25	26
<b>3B</b>	28	29	30	31		

NOVEMBER						
S	M	T	W	T	F	S
3B					1	2
<b>1A</b>	4	5	6	7	8	9
<b>2A</b>	14	12	13	14	15	16
<b>3A</b>	18	19	20	21	22	23
<b>1B</b>	25	26	27	28	29	30

DECEMBER						
S	M	T	W	T	F	S
<b>2B</b>	2	3	4	5	6	7
<b>3B</b>	9	10	11	12	13	14
<b>1A</b>	16	17	18	19	20	21
<b>2A</b>	23	24	25	26	27	28
<b>3A</b>	30	31				

JANUARY						
S	M	T	W	T	F	S
<b>3A</b>			4	2	3	4
<b>1B</b>	6	7	8	9	10	11
<b>2B</b>	13	14	15	16	17	18
<b>3B</b>	20	21	22	23	24	25
<b>1A</b>	27	28	29	30	31	

FEBRUARY						
S	M	T	W	T	F	S
						1
<b>2A</b>	3	4	5	6	7	8
<b>3A</b>	10	11	12	13	14	15
<b>1B</b>	17	18	19	20	21	22
<b>2B</b>	24	25	26	27	28	

MARCH						
S	M	T	W	T	F	S
						1
<b>3B</b>	3	4	5	6	7	8
<b>1A</b>	10	11	12	13	14	15
<b>2A</b>	17	18	19	20	21	22
<b>3A</b>	24	25	26	27	28	29
<b>1B</b>	31					

APRIL						
S	M	T	W	T	F	S
<b>1B</b>		1	2	3	4	5
<b>2B</b>	7	8	9	10	11	12
<b>3B</b>	14	15	16	17	18	19
<b>1A</b>	21	22	23	24	25	26
<b>2A</b>	28	29	30			

MAY						
S	M	T	W	T	F	S
<b>2A</b>				1	2	3
<b>3A</b>	5	6	7	8	9	10
<b>1B</b>	12	13	14	15	16	17
<b>2B</b>	19	20	21	22	23	24
<b>3B</b>	26	27	28	29	30	31

JUNE						
S	M	T	W	T	F	S
<b>1A</b>	2	3	4	5	6	7
	8	9	10	11	12	13
	15	16	17	18	19	20
	22	23	24	25	26	27
	29	30				

<b>Wk 1A</b>	<b>8 times</b>
<b>Wk 2A</b>	<b>7 times</b>
<b>Wk 3A</b>	<b>6 times</b>
<b>Wk 1B</b>	<b>6 times</b>
<b>Wk 2B</b>	<b>7 times</b>
<b>Wk 3B</b>	<b>6 times</b>